Cool things kids can do to help save the Earth

How you can help from A to Z



Original art by Jamie Lliorca, age 5

Cool things kids can do to save the Earth

What sort of world do you want to grow up in? Do you want it to be one that has clean water to drink, safe air to breathe and a healthy environment with beautiful trees and thriving wildlife? If so, there are things you can do to help save the Earth.

You can make a big difference in helping the

environment by reducing the amount of trash you produce:

• If you take your lunch to school, make it "garbage free." Take your sandwich and drink in a reusable container. Avoid using throw-away containers.

• Watch the type of packages that things you buy come in. Is all the packaging needed? Can it be reused or recycled? If it will become trash, don't buy it.

Waste can come in other forms, too. For example, when

you turn on the water faucet, make sure you turn it off all the way. Also, when you turn on something that uses electricity or any other energy source, be sure to turn it off when you are finished using it.

Automobiles are the source of many different types of pollution. Ask your parents if

your car is "tuned up." Together, you can use a tire gauge to see if the air pressure in the tires is correct. If not, the car will use more gasoline than

necessary and that is wasteful. Have you thought about how much the environment would be helped if you walked or rode your bike rather than being driven to nearby activities? Much energy could be saved with a little foot-power; you control that.

Another way you can help save the Earth is through recycling. Recycling helps keep valuable resources like metal, glass, paper and plastic out of

the trash. This is important because places to put our mountains of trash are fast disappearing. If recyclable resources are collected properly, they can be made into useful things that we all need and want.

Does your school recycle? Do you recycle at home? If not, you can help get recycling going. After all, recycling is a great way to reduce trash, save energy and our environment. Talk it over with your friends, parents and teachers. Together, we can all help save the Earth.



Original art by Christian Harlos, age 11, Brownsburg

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Adopt a stream, park or roadside to clean up and keep beautiful.



Bring your lunch to school in a lunch box, and save your paper bags for reuse.



Care for toys so they will last longer. Then you won't have to replace them and can give them to someone else when you no longer want them.

Donate clothes that you have outgrown to a needy person or someone smaller than you.



Encourage

others to join you in collecting glass, newspaper, cans and plastic containers to be recycled.

Flatten empty cans, boxes and other containers so they don't take up so much space.



Get in

the
habit of turning off the
water when you brush
your teeth. Turn it on only
to wet your brush and to
rinse.

Help by caring about our wildlife. Never play with matches in the woods.



Insist on
buying
products in
recyclable containers. That way
you can add them to your
recycling collection rather than
your garbage collection.

Jog or walk, ride a bike or scooter from place to place to save energy.



Keep jars of cold water in the refrigerator so you won't have to run the tap water to get it cold.



Look for the recycled symbol on products you buy.

Make it a habit

each

six-pack ring. These sometimes wind up in our lakes, rivers or streams and wildlife can get caught in them and die.



Never litter. Always put your trash in a trash can, and recyclables in their bins.

Open the blinds in the winter to let in the sun for warmth. Close

blinds in the summer to keep out the warmth.





Plant a tree to stop soil erosion, give you shade and give birds a home.

Quit buying products that have a lot of

packaging wrappings.



Reduce the amount of water you use to keep clean.
Take showers, not baths.

Save energy by asking your parents to

turn down the thermostat. A few degrees will save a lot of energy.



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Turn off lights if you are the last person to leave a room. Turn off appliances if you are not using them. Use products made to be used many times, such as sponges or cloth towels.

I CAN MAKE A DIFFERENCE

Value and
appreciate your
Earth. Realize that you
can make a difference, and be

proud of your contribution.

Watch what you pour down the drain. Hazardous waste can get into the ground water and pollute your drinking water.



eXamine labels before using products. Certain household cleaners can be dangerous.

Yearn to do what you can to help our environment. Grow



up to be an adult who takes an interest in saving the Earth.



Zip to close doors and windows if they are opened when the heater or air conditioner is on.

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