Think long-term when investing.

Three tips to deal with market turmoil:

1. A good strategy is a good strategy regardless of market conditions. Stick with it.
2. You’re in for the long-term. Don’t make emotional decisions. Instead, focus on your long-term goals.
3. Talk with your local plan rep. They can provide you with educational information about long-term investing.

Avoid common emotional ups and downs

I'm buying!

I'm confident.

I'm encouraged.

I'm getting worried.

I'm feeling nervous.

I'm skeptical.

I'm selling!

MARGIN VALUE

Market up

Market down

Investing 101
30 Minute Workshop
June 23rd
10:00am & 3:30pm Eastern Time
Register at
http://Webbd3.Timetap.com

Investing 101
30 Minute Workshop
June 24th
10:00am & 3:30pm Eastern Time
Register at
http://Webbd3.Timetap.com

Contact your Nationwide Retirement Specialist:
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