



Employer Wellness Clinic

Diabetes management

What we do:

Care at no cost for a complete workup, treatment and ongoing management of diabetes mellitus.

What happens at a clinic visit?

Your initial visit with a provider will include a physical exam, review of medical history and need for additional lab testing. Follow-up appointments will be scheduled to discuss results and serve as continued support to your customized treatment plan.

What are treatment options?

- Lifestyle management*
- Oral anti-diabetic medications*
- Insulin
- Glucometer and test strips*
- Meeting with dietitian/wellness team*
- Support and accountability by clinic team*

** Available at no charge through the clinic*

Risk factors

- Overweight
- Family history
- Inactivity
- Age 45 and over

Statistics

- 38 million are diagnosed with diabetes
- 1 out of 10 Americans has diabetes (most commonly Type 2)



**Call 888-492-8722 to
schedule an appointment.**



Scan the QR code or visit
employerwellness.ascension.org/tristateclinics
for more information.



**Ascension
St. Vincent**